

## **NARSAD**

*The World's Leading Charity  
Dedicated to Mental Health Research*

Previously known as the National Alliance for Research on Schizophrenia and Depression, NARSAD is a private, not-for-profit public charity 501(C)(3) organized for the purpose of raising funds for scientific research into the causes, cures, treatments and prevention of severe psychiatric brain and behavior disorders, such as autism, attention deficit hyperactivity disorder, bipolar disorder, and anxiety disorder.

<http://www.narsad.org>

## **GOT BLUE**

*Raising Awareness of Depression*

The Got Blue Collaborative is supported by the Jewish Family Services and the Mental Health Association of Essex County, Inc and is funded with generous support from the Russell Scott Atkind Memorial Philanthropic Fund of the Jewish Community Foundation of MetroWest. The campaign is to raise awareness of the symptoms and risks of depression. The Got Blue campaign offers a helpline (1-866-202-HELP) for immediate assistance.

<http://www.GotBlue.org>

## **Livingston Youth and Community Services (LYCS)** *Celebrating a Drug Free Life through Leadership*

The Livingston Youth and Community Services program is a collaborative community organization sponsored by the Township of Livingston, the Livingston Municipal Alliance Committee and the Mental Health Association of Essex County. LYCS is a drug prevention program that teaches healthy life choices to Grades 3-12 in an after-school program within the public school system.

<http://www.livingstonLYCS.org>

# Through the Darkness Fight Depression

6/14/09



Join us for a Charity Walk in support of  
NARSAD at the Livingston Oval.  
registration starts at 9:20am

# You're Not Alone..

